**Why we believe PE is important:**

Physical Education is about developing children’s physical literacy and maximising their enjoyment, confidence, and skill in physical activity and introducing them to the pleasures of sport. It is a practical subject, which gives all children, irrespective of age, gender, culture or disability, opportunities for participation. Physical Education promotes personal, social, intellectual and physical skills and at our school, it attempts to foster cooperation, tolerance and self-esteem. Our aims are to promote a positive attitude and enjoyment in undertaking exercise in all children, that will, hopefully, be continued into adulthood as part of a healthy lifestyle - as well as introducing children to a variety of sports that they may then choose to build on outside of school and in later life.

**Intent:** We aim for our pupils to:

* Be personally, socially, intellectually and physically able.
* Cooperate within team events.
* Be tolerant of and show respect for each other’s abilities.
* Be confident, with good self-esteem.
* Be able to compete, showing the will to win, whilst also showing the values of respect, fair play and sportsmanship.
* Develop a love of exercise as part of a healthy lifestyle, fostering a positive impact on their education and wellbeing, continuing into secondary school life and adulthood.

**Implementation:** How do we do this?

* All children throughout each year group will be given opportunities to plan, perform and evaluate during physical education lessons.
* All children in Key Stage 2 will have the opportunity to participate in dance, gymnastics, games, swimming, athletics and also have the opportunity to participate in outdoor adventurous activities throughout the year.
* Games teaching will enable all children to experience different types of sports whilst also teaching the key skills of those sports.
* Progression will be addressed within each area of study through careful planning of the coverage of the relevant skills and vocabulary.
* All physical education activities should be enjoyable, safe and yet challenging.
* The ideals associated with fair play and good sporting behaviour will be encouraged at all times.
* Children will have the opportunity to work in a variety of ways through directed, exploratory and improvised activities. Children will work in groups, pairs and as individuals and will use language appropriate to physical education when talking about their work.
* Whenever the weather permits and the activity is appropriate, children should be given the opportunity to undertake physical education outdoors.
* Opportunities to link physical education with work in other areas (including topic themes) will be identified and used within each year group.
* Dance lessons will provide an opportunity for children to gain an appreciation of music. The music chosen may reflect different cultures and represent as wide a range of types of music as possible.
* All teachers will be responsible for adapting plans and for teaching physical education.
* Activities are planned in such a way as to encourage full and active participation by all children irrespective of ability.
* All physical education lessons will ensure an equal interest level for both boys and girls.
* Health education, particularly those areas addressing the effect of exercise on the heart and the need for exercise to keep us healthy, both in mind and body, will be addressed during the appropriate physical education lessons.
* Children are trained to collect and return small equipment from the store with the permission of a teacher (PE monitors).
* Specialist sports providers will be used to help deliver PE, as well as to deliver clubs where appropriate.
* Annual Sports Day competitions are held (as part of a Sports Week) whereby children compete for their house teams.
* Opportunities for children to represent the school in sporting competitions are plentiful.

**Impact**

* Children are accessing 2 hours of high-quality PE as part of a weekly programme of study.
* Children are developing transferable skills, which can be applied to other areas e.g. respect, teamwork, perseverance, determination, stamina etc.
* Improvement in the children’s focus, concentration and behaviour.
* Children have developed a range of leadership skills and engage others in physical activities (through our Play Leader programme) thereby improving the health and fitness of other children.
* Children have access to high-quality after school sports clubs.
* All children either experience competitive situations in Sport and PE on an intra or inter school basis or both.
* Inter school competitions are entered during the academic year, allowing pupils to compete in a higher standard of competitive sports. Access will be given to as many pupils as possible.

This is monitored through:

* Teacher Assessment
* Feedback from swimming teachers
* Feedback from sport coaches
* Pupil Voice questionnaires.

Other relevant documents:

[2020-21 Order of Units](https://docs.google.com/document/d/1qpE_v_gLbxGdQCpt4MDoYo_8M1Cv7xRws6mMQiBclRc/edit?usp=sharing)

[Sports Premium Statement 2020-21](https://drive.google.com/file/d/1nbNAWzBVbiGn9ENwTu92xYhkcYTXpCyu/view?usp=sharing)

[Sports Premium Impact Statement 2019-20](https://drive.google.com/file/d/1p7l5BFjn70hELKPPuqGO4nMneHApnSS2/view?usp=sharing)